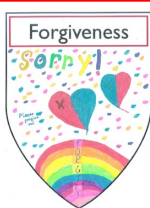


Oldswinford Cof E Primary School

'Believe, achieve and shine brighter together'



Spring Newsletter: 27th January 2023

Dear Parents/Carers,

You will have seen in a parentmail that school will be open as normal on 1st Feb. I am aware that other unions may be re-balloting which is why I have not yet confirmed any following dates.

You will also have seen that our INSET days for 2023-2024 have been published on our website. This includes the 22nd December so children will finish for Christmas on the 21st December. In a Governors meeting held last week, they decided that the last day of the Autumn term (21st December 2023) would be a half day and school will close at 12.00. This already happens in many schools in Dudley and is a nice treat for the children as it is such a late date to break up. Thank you for your support with this.

Have a lovely weekend,

Ellie Game

Value of the half term...

Self Control

This week we tried to see how we can learn self control. We watched 'The marshmallow test' which was an experiment carried out with some children in the USA. You can watch it here...

https://www.youtube.com/watch?v=QX_oy96I4HQ

We then conducted the experiment with some children in worship and thought about ways we could help them and also what might hinder them.

Attendance

We have added our new Attendance policy to our school website this week. It is a policy that 8 Stourbridge schools have written together. As part of our new policy, we are going to be publishing each year groups attendance on our website so we can celebrate the best attendance each week.

Reception - 95.6%

Year 1 - 96.4%

Year 2 - 96.7% well done for the best attendance this week!

Year 3 - 94.6%

Year 4 - 95.9%

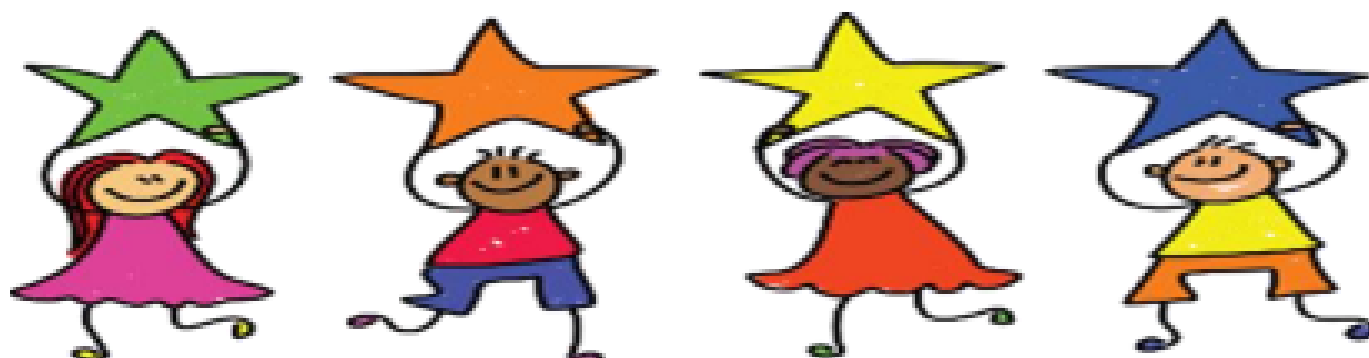
Year 5 - 94.4%

Year 6 - 96.1%

National data for the week beginning 9th January was 93.9%. Well done to every class for being above this.

OLDSWINFORD C OF E SCHOOL

WRAPAROUND CLUB



NEWSLETTER – 1/2023

Our Wrap Around Team:

Manager: Debbie Kirby

Assistants: Savannah, Lynne, Taslima and Debbie

Our Pure Sports Team:

Tom, Dean, Shane, Luke and Dexter

Email address:

Wraparound@oldswinford.dudley.sch.uk

Mobile No: 07548 342643

Opening Times:

Early Bird Breakfast Club	7.30 am
Breakfast Club	7.45 am to 8.55 am
After School Club	3.20 pm to 6.00 pm

Holiday Club

We will be offering a Holiday Club during the Easter break on Monday, 3rd April and Tuesday, 4th April 2023 plus Thursday, 13th April and Friday, 14th April 2023. Opening times – 9.00 am to 5.00 pm. For further details or a booking form please speak to Debbie Kirby.

Update to Parents/Carers:-

There has been a steady interest in our Early Bird Breakfast Club sessions, which commence at 7.30 am. If you would like further details of these sessions, please speak with Debbie Kirby, who will be happy to assist.

The introduction of Breakfast Club sports activities at the start of term in September in the Lower Hall for the children at our club has been a great success. Our children thoroughly enjoy participating in the organised activities offered by Pure Sports. We also continue to offer play activities prior to school in the outdoor classroom.

At the After School Club, we also offer sports activities for our children in the Lower Hall or on the playground/field, weather permitting. Again, our children thoroughly enjoy taking part. Along with the sports activities, we continue to offer a selection of craft and play activities in the outdoor classroom.

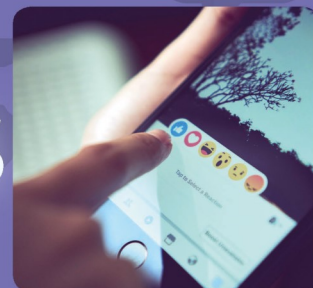
May we respectfully remind parents that children attending the Breakfast Club should be escorted through the school gate to the Outdoor Classroom where they will be met by a member of our team. Children should not be allowed to arrive at the Club unaccompanied by a parent or carer



'Likes' are a simple way for users to show that they like a post on social media. This could be anything from photos and videos to status updates and comments. The feature is widely used on several social media platforms and is extremely popular on Instagram and Facebook. It is often used by children to measure the success of their social media post and gauge opinion. However, it can also bring a number of social pressures, particularly if users start to question their own levels of popularity.



What parents need to know about SOCIAL PRESSURES LINKED TO 'LIKES'



DAMAGING TO SELF-ESTEEM

Your child may use likes to measure their own self-worth, with more likes instilling a greater level of confidence and acceptance amongst their friends and peers. However, children who only receive a small number may in turn feel a sense of rejection or isolation and could potentially suffer from low self-esteem issues, impacting them in other aspects of their life such as at school or in social settings.



UNREAL VIEW OF THE WORLD

Your child may follow celebrities or other popular individuals on social media who receive millions of likes. Not everything on social media is a true reflection of the world and your child may feel pressured into behaving in a similar way in real life or posting similar material in order to feel popular and achieve a similar level of self-worth.



AN ADDICTIVE FEATURE

Like features encourage children to stay online for longer. In doing so, your child is likely to engage with apps for longer periods than they otherwise would have wanted, checking their phone more frequently, including at night when they should be asleep. This could contribute towards screen addiction which can cause sleep deprivation and consequently a lack of focus during the next day at school.



COMPETITIVE CULTURE

Children will often compare the number of likes they receive for their post against their friends or followers, possibly evoking emotions of jealousy or resentment. In a bid to increase their own status and receive more likes, this could lead to a competitive culture in which children try to better one another, potentially leading to them engaging in more and more riskier activities.



Safety Tips For Parents

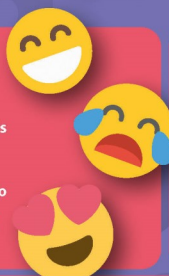
FOLLOW OR BEFRIEND YOUR CHILD ONLINE

Using the same social media sites as your child and connecting with them online will allow you to keep an eye on what their interests are and who may be influencing them. Following their likes will help you build a picture of what your child is being exposed to and what they find interesting.



MONITOR MENTAL HEALTH

If your child does post on social media, it is important to monitor their feelings and emotions, supporting them and encouraging them to talk to you about what they may be experiencing. Explain to them that not everything online is real and that life is not dictated by how many likes a post may or may not get.



ENCOURAGE HOBBIES OR OTHER ACTIVITIES

Try to help reduce your child's screen time and need for social media through encouraging them to do other things such as a sport or hobby or simply playing with friends outdoors. Supporting them to take up other activities that they enjoy can also help build self-esteem and increase their own confidence.



DISCUSS THE REAL WORLD

Talk to your child about online perceptions and about what they feel is and isn't important in their life. Try to establish an open and honest conversation and speak about what they feel is acceptable to post online and if they feel pressure to conform.

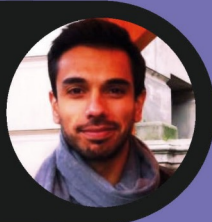


HELP TO BUILD YOUR CHILD'S SELF-ESTEEM

Try to help build your child's self-esteem through positivity and praise and listening to them if they are struggling with the way they look or feel. Talk to them about the positive aspect of their personality and help them understand that looks aren't everything. Try not to criticise or blame your child which could compound any negative thoughts they are already feeling.

Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



<https://www.independent.co.uk/life-style/gadgets-and-tech/facebook-like-inventor-deletes-app-iphone-justin-rosenstein-addiction-fears-a7986566.html>,
<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2018/01/Childrens-Commissioner-for-England-Life-in-Likes-3.pdf>,
<https://www.psychologicalscience.org/news/releases/social-media-likes-impact-teens-brains-and-behavior.html>,
<https://ico.org.uk/media/about-the-ico/consultations/2614762/age-appropriate-design-code-for-public-consultation.pdf>,
<https://www.familylives.org.uk/advice/primary/health-and-development/helping-your-child-build-self-esteem/>

Sports Newsletter



Trialling activity watches

Each year group will have four people per year group to use the activity trackers. At first, sports council will be trialling the activity watches this half term. The plan is for children to be selected and a competition will commence as to which class has been the most active. These children will then have a reward lunchtime with special equipment! We hope it makes everyone feel excited about being active!

Upcoming events

8th Feb - multisports—
compete—Yrs5 & 6

10th Feb—cross country—
compete—Yrs5 & 6

15th Feb—rugby festival—
engage—Yrs3 & 4

Sporting Stars

At Oldswinford we like to celebrate all things sport, whether that be in school or outside of school! If you want your child to be included on our Oldswinford Sporting Stars website page please go on to our website and look on our PE page.

We have received some fantastic images of children taking part and competing in a variety of different sports. We love seeing your pictures and hearing about your successes! We are proud of you all!

<https://www.oldswinford.dudley.sch.uk/>

Play leaders teaching Year 2

Our Year 5 play leaders, who run lunchtime activities on the KS1 playground, will be teaching the Year 2 children their PE lessons on a Friday afternoon. They will be following our PE scheme to deliver sending & receiving sessions. This is a great opportunity to all involved!

Sports council say PE...

“It improves our mental and physical health.”

Sports council say,

“We do a large variety of sports and we all get a go at everything”